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Liostasi Hotel & Suites expands and upgrades its spa

True to its philosophy of methodically improving its customer experience every year, **Liostasi Hotel & Suites**, the leading boutique hotel of Ios Island, Greece, is reopening the enlarged spa area following a thorough makeover. **Liostasi Spa** has now doubled in size and is a prime example of conceptual design and décor, inspired by natural textures, colours and materials of the surrounding Cycladic landscapes. The result is an absolutely stunning escape with breathtaking Aegean views; a destination where the warmth and charm of Ios Island are concentrated in an environment conducive to total relaxation.

The spa's treatment rooms include a couple's suite for those distinctively romantic moments of bliss and togetherness. The spa also comprises a steam bath and an outdoor whirlpool offering stunning views of the neighbouring islands and one of the Mediterranean's most dramatic sunsets.

Liostasi Spa's menu features signature treatments that are delivered by trained therapists who will guide guests towards inner harmony, rejuvenation and visible radiance. The menu was tailor-made for the Liostasi Spa and is a truly unique collection of head-to-toe treatments using products and treatment concepts from the Austrian leading brand **Kurland** that pioneers products "with the power of nature" combining herbs, healing plants and flowers, choice fruits, rich moorland muds, high-quality oils, goats' butter, salts, marine algae and traditional local ingredients with the latest technology. Red and white wine

pomace and enzymatic fruit powder, apple stem cells, aloe vera, shea butter and evening primrose are some of the ingredients that have been incorporated into the treatments created for the Liostasi Spa.

Liostasi's premium "Summer Glamour" treatments come from **BeautyLab** of London, a brand of cosmetics used by celebrities at red carpet events and revealing HDTV shows such as the X Factor. The Anti-Ageing Facial by BeautyLab is a truly effective and relaxing facial treatment that leaves the skin looking and feeling radiant and rejuvenated. The success of BeautyLab rests on pioneering the latest skincare science, integrating smart technology and peptide rich formulations. The BeautyLab products can be found at the reception of Liostasi Spa.

The spa is managed by **ExclusivelySpa**, an international spa consultancy and operator who were also the design consultants and developers of the treatments on offer. Cyprus-based ExclusivelySpa is headed by **Chris Anastassiou** and is rapidly expanding its portfolio of hotel spas throughout South East Europe.

*"Our guests will love both our thoroughly refurbished spa facilities and the brand-new wellness treatments that we launched this year," said **Artemis Denaxas**, owner and CEO of Liostasi Hotel & Suites. "Our boutique spa proved to be so popular and successful that we just had to create additional space to cope with demand without sacrificing intimacy and the tranquil ambience. Thus, we went on and added the gorgeous new treatment area."*

Liostasi Hotel & Suites (www.liostasi.gr), the only five-star hotel of Ios Island, is a member of **Small Luxury Hotels of the World**. It is the island's top boutique hotel conveniently located between the port and Chora Town and stands out for its romantic décor, the sophisticated cuisine and breathtaking views. The island's celebrated beaches and nightlife can be reached within minutes.

Liostasi's unique aesthetics results from combining the traditional minimalistic architecture so typical of the Cycladic islands with the modern Bohemian style of hotel designer **Antonis Kalogridis**. The hotel's new suites, partly featuring private pools, stand out for their romantic ambiance, the unusually styled bathrooms and high-tech touches.

Liostasi's highlight for the 2017 season is the sensational new menu of the **Grandma's Restaurant**, the result of the cooperation between the multi-award winning celebrity chef **Lefteris Lazarou** in the role of consulting chef and highly talented **Alexandros Lepesis** taking over as executive chef. Grandma's is the best restaurant of Ios Island and one of the country's top choices for creative Greek cuisine. Another new feature is the launch of the informal daytime restaurant, the **Liostasi Mezze Bar**, serving comfort food and tapas-style seafood appetizers based on traditional Greek delicacies.

*** The End ***

A photo for this story can be downloaded from the link below:

https://www.dropbox.com/s/588v743jb789k0h/liostasi_spa.jpg?dl=0

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